


BLAC NEWSLETTER

Saturday 13th October 2018

2018/2019 Season Issue 2

PRESIDENTS REPORT – 6th October 2018

Well we have had our first programme 2 for this season. Congratulations to all the athletes who are competing in new events, especially the U9's who race walked for the first time. The main thing is you had a go, and remember when competing in any event try not to stress and think about how to do it too much. Relax, smile and have a go, you will eventually learn the skills required.

Congratulations to Trinity Luttrell who broke the U14 1500m Walks record with a time of 9 minutes, 17.05 seconds. 

Equipment can be borrowed from the centre but must be returned the following meet. Equipment must be signed out/in in the registration book at the office and signed off by a committee member. **Please note: we are missing a 400g Javelin so if you have borrowed it at the end of last season or last week could you return it please.**

Just a few OH&S issues and rules that need to be pointed out to new athletes/parents and a reminder to current ones as well:

No balls of any type are permitted at the Penguin Athletic Track.

Inappropriate behaviour and/or bad language is not to be used at any time.

As stated on page 17 of the Information Manual no music devices, mobile phones or similar devices are allowed in the competition area.

Other than the 4/5 officials running an event no other person should be at a site.

Long and Triple Jump can be viewed from the other side of the fence. Discus, Shotput and Vortex can be viewed from the grass area between the marshalling area and gate entry. This way events can be run more smoothly as athletes are kept in a group, are much more relaxed and not intimidated by so many people crowding them at sites.

UPCOMING EVENTS:

Northern Centre Challenge Day is set for Saturday 3rd November, This is a state event and it is being held at the St Leonards track in Launceston. There is no fees or qualifiers needed and any one from U6 to U15 can register to compete in this.

This is a challenge between centres to see which one can get the most points. The one with the most receives a shield at the end of the day.

Events athletes will be participating in are located on page 6 of the Information Manual.

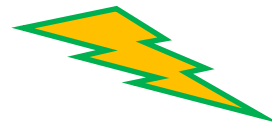
I emphasise that athletes will need to participate in all events to score the most points for their centre otherwise points are decreased for every event they do not participate in. This also applies to athletes that are registered to attend and do not compete at all. So if you register to attend please commit to coming and having a go in every event.

Please also take into consideration that parents are required to do duties for all athletes that are registered to compete whether they turn up on the day or not so if you decide not to turn up we become shorthanded and some parents end up working all day.

At the end of the day athletes do a lap of honour and receive a badge for their efforts.

At the office there is a registration form for this event. Athletes must register and parents will be required to participate in duties on the day. Please fill out all information required on the form. Entries close Sunday 28th October. [Continued page 2](#)





Date	Event	Location/Time
Saturday 13OCT18	Program 3A	Penguin 8.30am-12pm
Saturday 20OCT18	Program 1B	Penguin 8.30am—12pm
Saturday 27OCT18	Program 2B	Penguin 8.30am—12pm Rescheduled 5DEC18
Saturday 3NOV18	Northern Centre Chal- lenge	St. Leonards Athletic Centre 8.30am~2pm

Presidents Report continued...

Tasmanian All Schools Championships is for 10 year olds through to opens and will be held at the Domain in Hobart on the 27th and 28th October. Selections for the Australian School Sports and All Schools will be made here. Registration portal and more details can be found on Athletics Tasmania website.

Australian School Sports (10 to 12 years) will be held in Victoria between 23rd and 27th November and the Australian All Schools (U14 to Open) will be held in Cairns Qld, from the 7th December and the 9th December.

PLEASE BE ADVISED: That due to most of our officials being at this Tas All Schools competition we will be postponing the meet Saturday 28th October until Wednesday 5th December 5pm – 8.30pm.

Burnie 321 GO is held on Sunday 28th October. This is another great event, held at West Park to compete in. Information and registration for this can be found on their website www.321go.com.au

on this day, please notify Jodie Fuller.

REMINDERS:

To all athletes that have now competed at 2 meets must register online. Registration is \$95 per athlete plus a \$35 for a shirt if needed.

To enter details of athletes attending the Northern Centre Challenge Day before Sunday 28th October.

OH&S issues **See you at programme 3**

Michelle Scolyer (President)

Disclaimer: Toddlers race is run at the parent's risk.



USEFUL WEB LINKS:
<http://www.taslittleathletics.com.au/>
<http://www.burnielittleleaths.org/>
FACEBOOK:
 Burnie Little Athletics
<https://www.facebook.com/Burnielittleleaths/>



COMMITTEE 20182019:

President:	Michelle Scolyer	0418 106 210	michellescolyer@bigpond.com
Vice President:	Peter French		
Secretary:	Callie Collins		secretary.blac@gmail.com
Records & Rankings:	Carleen Darby		
Treasurer:	Dale Hyland	Newsletter /Website:	Nat Luttrell
Canteen roster:	Jodie Fuller	Canteen Managers:	Sonia Gorrie/Annette Aichberger
General Committee:	Paul Bellchambers, Jodie Fuller, Anna and Sam Lawler, David Taylor, Renee Williams & Brianna Hutton		

COMMITTEE AIMS & EXPECTATIONS**The Committee's aim is to:**

- Provide an enjoyable sport for your children.*
- Provide a safe environment for athletes, parents, siblings and spectators.*
- Teach and/or coach the correct manner in which to compete in each event.*
- Organize each meet so it can be completed as efficiently as possible.*
- Provide safe and compliant equipment to use.*
- Keep costs down so that athletics is affordable to all.*
- Provide an avenue to enter into senior athletics.*
- Support all athletes of all abilities equally.*
- Provide information from Tasmanian Little Athletics as soon as possible.*
- Be aware of children with special needs, make allowances for them to compete & attain PB's.*



We believe we do this as best as we can, but are always open to suggestions to make this centre even better than it already is.

The Committee's expectations from each parent are:

- Encourage your child, not criticize.
- Allow your child to have fun. We have all had our go at trying to be a super athlete, try not to live your life in their shoes.
- Stay and watch your kids. We are not a childcare centre, we host an event for your child to compete in, we provide a safe environment for this, and you are responsible for your child whilst they are on site.
- Emphasize PB's, not winning.
- Help out on site with the field events. This means measuring, spiking, raking or keeping the kids waiting patiently, quietly, together, and ensuring they are supportive to others competing.
- Have your turn in canteen or cooking on the barbecue.
- Pick up all rubbish that may be left behind by your group when leaving a site.
- Show respect to the person who is chief judging, they are doing their best & are a parent just like you.
- Have a Working with Children's Card up to date. (Working with Vulnerable People)
- If you take equipment from the cupboard please return it at the completion of the event.
- Should any equipment be broken, or poorly maintained report it to a committee member to allow prompt repair or replacement.
- Help when asked, if possible.
- The infield is out of bounds to everyone unless you are a crew member of an event. Please stay in the waiting areas as designated by the Chief Official.
- Always watch the apparatus being thrown, as sometimes a Discus, Shot Put or Javelin can be released in your direction by other athletes learning to perfect their throw, this is particularly important in Discus.
- When your child is entered in a state meet, our centre is responsible for providing qualified officials and event crew during this meet. For your child to compete, you will be required to assist at either field or track events. Even if your child has entered and doesn't compete on the day we are still required to do duties for this athlete so commitment once entered is paramount.

If we all work as a team and comply with this document our meets will run smoothly and be an enjoyable place to be for not only the parents but to also the athletes competing.

On behalf of myself and the committee thank you for your cooperation & assistance throughout the season.

BLAC CANTEEN – PRICELIST

2018-2019 SEASON



SAVOURIES

MEAT PIES \$4.00

PARTY PIES

Meat \$1.50

Chicken Curry \$1.50

SAUSAGE ROLLS \$1.50

HAM & CHEESE TOASTIE \$3.00

HAM SALAD ROLL \$6.00

BARBECUE FOOD

HAMBURGERS \$3.50

CHICKEN BURGERS \$3.50

EGG & BACON SANDWICH \$3.50

SAUSAGE IN BREAD \$2.50



ICY POLES

LEMONADE/FROSTY FRUITS \$1.50

ZOOPER DOOPER .50c

SWEETS

CHOCOLATE BARS \$2.00

LOLLY BAGS \$1.00

ZAPPO'S \$1.00

FREDDO FROGS .50c

POTATO CHIPS \$2.00

HOT DRINKS

CAPPUCCINO COFFEE \$3.00

COFFEE \$2.50

TEA \$2.50

MILO \$2.50

HOT CHOCOLATE \$2.50

COLD DRINKS

POWERADE \$4.00

FOCUS WATER \$3.00

BOTTLED WATER \$2.00
COKE ETC) \$2.00

CANS (FANTA,

POP TOP \$2.00



PROGRAM A

PROGRAM 1A - AGE GROUP ORDER OF EVENTS

	1	2	3	4	5	6
U6	Vortex	200m	Long Jump (3)	70m		
U7	Long Jump (3)	200m	Vortex	70m		
U8	High Jump	200m	Discus	70m		
U9	800m	Long Jump (2)	200m	Turbo	70m	
U10	800m	Discus	200m	Long Jump (2)	70m	
U11	800m	High Jump	200m	Shot Put	70m	
U12	800m	Shotput	200m	Long Jump (1)	70m	
U13	800m	Triple Jump (1)	200m	Javelin	70m	
U14/15	800m	Javelin	200m	High Jump	70m	

PROGRAM 2A - AGE GROUP ORDER OF EVENTS

	1	2	3	4	5	6
U6	Long Jump (3)	150m	Discus	100m		
U7	Discus	150m	Long Jump (3)	100m		
U8	Long Jump (2)	400m	Shot Put	100m		
U9	700m Walk	Shot Put	400m	High Jump	100m	
U10	1100m Walk	Long Jump (2)	400m	Shot Put	100m	
U11	1100m Walk	Discus	400m	Long Jump (2)	100m	
U12	High Jump	1500m Walk	400m	Javelin	100m	
U13	200m hurdles	1500m Walk	Long Jump (1)	400m	Shot Put	100m
U14/15	300m Hurdles	1500m Walk	Discus	400m	Triple Jump (1)	100m

PROGRAM 3A - AGE GROUP ORDER OF EVENTS

	1	2	3	4	5	6
U6	Shot Put	Hurdles	Long Jump (3)	100m		
U7	Long Jump (3)	Hurdles	Shot Put	100m		
U8	Turbo Jav	Hurdles	Long Jump (2)	100m		
U9	Long Jump (2)	Hurdles	Discus	100m		
U10	1500m	High Jump	Hurdles	Javelin	100m	
U11	1500m	Javelin	Hurdles	Triple Jump (1)	100m	
U12	1500m	Triple Jump (1)	Hurdles	Discus	100m	
U13	1500m	Discus	Hurdles	High Jump	100m	
U14/15	1500m	Shot Put	Hurdles	Long Jump (2)	100m	



<https://intersport.com.au/stores/tas-burnie/>



TEAM APP To receive messages & notices from TeamApp, you MUST have push notifications ENABLED on your device..

PATHWAY THERAPIES

MASSAGE

The pathway to better health

44 Queen St., Ulverstone TAS 7315
 Tel: 03 6425 5574 • Fax: 03 6425 5989
 Email: pathwaytherapies@bigpond.com

PROGRAM 1B - AGE GROUP ORDER OF EVENTS

	1	2	3	4	5	6
U6	Vortex	200m	Long Jump (3)	70m		
U7	Long Jump (3)	200m	Vortex	70m		
U8	High Jump	200m	Discus	70m		
U9	200m	Turbo Jav	70m	Long Jump (2)	800m	
U10	200m	Long Jump (2)	70m	Discus	800m	
U11	200m	High Jump	70m	Shot Put	800m	
U12	200m	Shotput	70m	Long Jump (1)	800m	
U13	200m	Triple Jump (1)	70m	Javelin	800m	
U14/15	200m	Javelin	70m	High Jump	800m	

PROGRAM 2B - AGE GROUP ORDER OF EVENTS

	1	2	3	4	5	6
U6	Long Jump (3)	100m	Discus	150m		
U7	Discus	100m	Long Jump (3)	150m		
U8	Long Jump (2)	100m	Shot Put	400m		
U9	High Jump	100m	700m Walk	Shot Put	400m	
U10	Shot Put	100m	1100m Walk	Long Jump (2)	400m	
U11	Long Jump (1)	100m	1100m Walk	Discus	400m	
U12	Javelin	100m	High Jump	1500m Walk	400m	
*U13	200m Hurdles	100m	Long Jump (1)	1500m Walk	Shot Put	400m
*U14/15	300m Hurdles	Discus	100m	1500m Walk	Triple Jump (1)	400m

PROGRAM 3B - AGE GROUP ORDER OF EVENTS

	1	2	3	4	5	6
U6	Long Jump (3)	Hurdles	Shot Put	100m		
U7	Shot Put	Hurdles	Long Jump (3)	100m		
U8	Long Jump (2)	Hurdles	Turbo Jav	100m		
U9	Discus	Hurdles	Long Jump (2)	100m		
U10	Hurdles	High Jump	100m	Javelin	1500m	
U11	Hurdles	Javelin	100m	Triple Jump (1)	1500m	
U12	Hurdles	Triple Jump (1)	100m	Discus	1500m	
U13	Hurdles	Discus	100m	High Jump	1500m	
U14/15	Hurdles	Shot Put	100m	Long Jump (2)	1500m	

Hurdles start U15 and work down

Canteen & BBQ Roster: 13th October 2018

Volunteers for Program 3A on 13th October Shane Fuller on BBQ & Aaron Chindewere both shifts on Canteen.

Thank you to Sonia Gorrie, Annette Aichberger and Karen Slatmarsh on canteen 6th October; and Lochie DeVries and Sam Lawler on BBQ.

Thank you to those parents and friends who have already spoken with Jodie in relation to their availability to assist. Please consider a date or program where you can assist and let her know. This gives everyone a chance to help the club and to see their children compete, the same people aren't missing out.

Canteen & BBQ raise much needed funds during each season to assist with medals, ribbons, equipment replacement.

We also assist at 321 Go and the NWPSSA carnivals, volunteers welcome.

The bigger events this season will be the Centre Multi in December, Invitation day in January and the State Multis in January.